



Mirjam Vaagt, Physiotherapist

I would like to introduce myself and to give you a short impression about my professional life.

My name is Mirjam Vaagt and I am a German physiotherapist and have been practicing for the past twenty years. It was always my wish to work mainly with children so I decided to specialize in neurologic patients.

I trained in Bobath and Vojta therapy for children and adults after completing my university degree in Physio Therapy. Without this training you are not allowed to treat children and people with neurologic problems. Both methods are the most well known therapies in Europe for diseases like cerebral palsy, stroke, Down syndrome, multiple sclerosis, Parkinson, premature babies and other neurologic problems.

I started to work in a kindergarten for children with special needs and later I worked in a children's hospital for craniocerebral trauma as well as in private practice. In addition to this I did manual therapy training (chiropractic). I found that this was very helpful to release the muscles and to focus more on functional problems (hip problems, joint problems etc.).

I also launched a screening at the International school in Düsseldorf to pick up early prominences in children. I did asthma training for children as a project at a children hospital, together with doctors and other medical professions.

For any further information please call our Center and the therapists would be happy to help.